



## Certified Community Paramedic (CP-C) Detailed Content Outline

<b>1. Community Based Needs</b>	<b>25</b>
<ul style="list-style-type: none"> <li>A. Participate in the community’s health assessment as it applies to the population’s needs</li> <li>B. Increase community awareness of health prevention and promotion</li> <li>C. Develop a network of resources for patient/client</li> <li>D. Identify social determinants affecting patient/client care (e.g., individual, community, transportation, economics, environment, social support)</li> <li>E. Identify cultural variables affecting patient/client care (e.g., Language, Religion, Sexual Orientation, Ethnicity, Race)</li> <li>F. Identify medical variables affecting patient/client care (e.g., autism, physical disabilities, dementia, age)</li> <li>G. Identify mental health variables affecting patient/client care (e.g., cognitive disorders, substance disorders, schizophrenia and psychotic disorders, anxiety)</li> <li>H. Identify special needs variables affecting patient/client care (e.g., autism, abuse, neglect, malnutrition, PTSD, medical literacy)</li> <li>I. Operate within the financial framework to provide healthcare</li> </ul>	<b>Questions in this section</b>
<b>2. Interdisciplinary Collaboration</b>	<b>25</b>
<ul style="list-style-type: none"> <li>A. Participate in a plan of care to meet an individual’s needs</li> <li>B. Coordinate health services for patients/clients</li> <li>C. Determine need for community resources (e.g., Mental health, substance abuse, public health, social services)</li> <li>D. Provide referrals to community resources (e.g., Mental health, substance abuse, public health, social services)</li> <li>E. Collaborate with the healthcare team in the management of chronic disease (e.g., diabetes, asthma, Coronary Artery Disease)</li> <li>F. Refer for needs matched time appropriate care</li> <li>G. Collaborate with health professionals to ensure continued care of the patient/client</li> <li>H. Communicate with health professionals to ensure continued care of the patient/client (e.g., condition, reaction to interventions, significant incidents)               <ul style="list-style-type: none"> <li>I. Serve as a patient/client advocate (e.g., program enrollments, liaison with healthcare professionals)</li> <li>J. Document patient/client visits and follow-up care in healthcare records</li> <li>K. Access patient/client electronic and/or paper medical records</li> <li>L. Evaluate related health records (e.g., lab results, medication list, most recent visit summary)</li> <li>M. Maintain patient confidentiality (e.g., HIPAA)</li> </ul> </li> </ul>	<b>Questions in this section</b>

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3. Patient Centric Care	42
<ul style="list-style-type: none"><li>A. Perform an initial comprehensive history and physical assessment exam</li><li>B. Perform an ongoing comprehensive longitudinal history and physical assessment exam</li><li>C. Measure vital signs</li><li>D. Administer breathing treatments</li><li>E. Monitor wound care</li><li>F. Monitor intravenous therapy</li><li>G. Administer intravenous therapy</li><li>H. Manage chronic disease (e.g., diabetes, asthma, Coronary Artery Disease)<ul style="list-style-type: none"><li>I. Monitor chronic disease (e.g., diabetes, asthma, Coronary Artery Disease)</li></ul></li><li>J. Administer point of care testing (e.g., drug tests, glucose monitoring, INR, iSTAT)</li><li>K. Manage patients/clients experiencing an acute medical condition</li><li>L. Manage patients/clients experiencing a transitional medical condition (e.g., post-operative care, hospital discharge, home health discharge, rehabilitation)</li><li>M. Manage patient's status using laboratory values</li><li>N. Manage patient's status using diagnostic tests (e.g., pulse oximetry, chest radiography, capnography)</li><li>O. Assist with home mechanical ventilation (e.g., CPAP/BIPAP)</li><li>P. Administer pharmacologic agents:<ul style="list-style-type: none"><li>1. Intravenous</li><li>2. Intramuscular</li><li>3. PO</li><li>4. Subcutaneous</li></ul></li><li>Q. Educate about pharmacologic agents: Trans-dermal</li><li>R. Administer intranasal immunizations</li><li>S. Manage patients with conditions related to the following systems:<ul style="list-style-type: none"><li>1. Appearance (e.g., fever, weight loss)</li><li>2. Eyes</li><li>3. Ears, Nose, Mouth, Throat</li><li>4. Cardiovascular</li><li>5. Respiratory</li><li>6. Gastrointestinal</li><li>7. Genitourinary</li><li>8. Musculoskeletal</li><li>9. Integumentary (skin and/or breast)</li><li>10. Neurological</li><li>11. Psychiatric</li><li>12. Endocrine</li><li>13. Hematologic/Lymphatic</li><li>14. Allergic/Immunologic</li></ul></li></ul>	<b>Questions in this section</b>

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<ul style="list-style-type: none"> <li>T. Perform minor medical procedures: Fluid replacement</li> <li>U. Maintain patient confidentiality (e.g., HIPAA)</li> <li>V. Prepare patient/client to navigate the healthcare system independently</li> <li>W. Communicate with patient/client to ensure continued care (e.g., medication adherence, follow-up care)</li> </ul>	
<b>4. Preventative Care and Education</b>	<b>33</b>
<ul style="list-style-type: none"> <li>A. Assess safety risks for the community paramedic (e.g., unsafe situations, animals, diseases)</li> <li>B. Assess safety risks for the patient/client (e.g., disease, falls, environmental health hazards)</li> <li>C. Assess the safety of the work environment</li> <li>D. Educate on proper use of healthcare resources</li> <li>E. Provide oral health education and/or screening</li> <li>F. Educate on identified healthcare goals</li> <li>G. Perform a physical safety inspection (e.g., home, property, vehicle)</li> <li>H. Screen for chronic disease (e.g., diabetes, asthma, Coronary Artery Disease)               <ul style="list-style-type: none"> <li>I. Differentiate injury patterns associated with specific mechanisms of injury (e.g., falls, elder abuse)</li> </ul> </li> <li>J. Provide service with the local public health agency (e.g., immunization, disease investigation, TB-DOT)</li> <li>K. Provide service with the local social service and aging agencies (e.g., adult protection, child protection, senior services, housing)</li> <li>L. Participate in wellness clinics (e.g., immunization and screening)</li> <li>M. Provide education for:               <ul style="list-style-type: none"> <li>1. chronic disease</li> <li>2. medical condition</li> <li>3. community resources</li> <li>4. wellness and nutrition</li> <li>5. medications</li> </ul> </li> <li>N. Identify the impact that professional boundaries have on patient/client/family and provider health (e.g., ethics, compassion fatigue, stress)</li> <li>O. Apply coping methods to reduce stress</li> </ul>	<b>Questions in this section</b>
<b>Total questions on the exam</b>	<b>125</b>

End of DCO

**NOTE:** Each test form includes 10 unscored pretest items in addition to the 125 scored items for a total of 135 items in a 2.5-hour test timeframe.